



Spoke O'Motion Weekly Race Series



Week #14 : Jul 29, 2009

35 Riders

XC Expert : 5 Laps in Category : 9 Riders : 19.65 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Time	Time Dif	Av Spd
1	1	Sean Kelly	10:05	9:38	10:05	10:19	49:58		23.60
2	2	Steve Prosser	10:04	9:37	10:06	10:19	50:08	0:10	23.52
3	25	Daniel Hope	10:38	10:12	10:23	10:27	52:05	2:07	22.64
4	10	Paul Boken	10:42	10:15	10:32	10:49	53:20	3:22	22.11
5	26	Luke Mione	10:55	10:42	10:41	10:53	53:28	3:30	22.05
6	40	Myles Cullen	12:07	10:01	10:33	10:20	54:04	4:06	21.81
7	16	Jonathon Pecchia	11:28	10:48	10:38	11:01	55:12	5:14	21.36
8	7	Frank Hellingman	11:33	10:40	10:53	11:04	55:16	5:18	21.33
9	13	Ian Boddaert	11:26	11:11	11:11	11:33	57:17	7:19	20.58



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35 Riders

XC Master Sport Men : 4 Laps in Category : 6 Riders : 15.72 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Time	Time Dif	Av Spd
1	210	Chris Reid	12:31	12:00	12:17	12:17	49:05		19.22
2	202	David Boldt	13:04	12:11	12:38	13:07	51:00	1:55	18.49
3	206	Steve Quattrin	13:44	12:18	12:12	13:00	51:14	2:09	18.41
4	213	Ray Hawkins	13:19	12:27	12:51	13:26	52:03	2:58	18.12
5	203	Marlin Doner	13:49	13:13	13:59	13:35	54:36	5:31	17.27
6	200	Rick Francis	13:39	13:06	13:57	14:32	55:14	6:09	17.08



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35 Riders

XC Senior Sport Men : 4 Laps in Category : 3 Riders : 15.72 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Time	Time Dif	Av Spd
1	128	Josh Mead	11:58	10:53	11:20	11:49	46:00		20.50
2	109	Paul Berry	11:56	11:33	11:42	11:57	47:08	1:08	20.01
3	114	Chris Graham	12:32	12:16	13:09	12:32	50:29	4:29	18.68



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XC Junior Sport Men : 4 Laps in Category : 4 Riders : 15.72 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Time	Time Dif	Av Spd
1	216	Taylor Smith	11:25	11:03	12:09	11:53	46:30		20.28
2	222	Robbie McCrossan	12:19	11:55	12:17	12:24	48:55	2:25	19.28
3	225	Gregory Ivany	13:22	12:44	13:59	14:07	54:12	7:42	17.40
4	215	James Chambers	14:00	14:12	13:48	14:30	56:30	10:00	16.69



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35 Riders

XC Novice Men : 3 Laps in Category : 9 Riders : 11.79 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Time	Time Dif	Av Spd
1	318	Jaxon Brennan	13:03	12:31	12:21		37:55		18.66
2	307	Josh Doner	13:22	12:29	12:25		38:16	0:21	18.49
3	328	David Budreau	13:19	12:52	13:15		39:26	1:31	17.94
4	333	Michael Lindsay	13:53	12:52	13:13		39:58	2:03	17.70
5	311	Keith MacKinnon	13:41	13:15	13:31		40:27	2:32	17.49
6	326	Rob Gentile	14:51	14:41	14:08		43:40	5:45	16.20
7	320	Steve McCrossan	15:37	15:57	16:28		48:02	10:07	14.73
8	341	Steve Kemp	18:24	18:40	18:53		55:57	18:02	12.64
DNF	321	Mike Ciglic	14:44	14:17			DNF		



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35 Riders

XC Novice Women : 3 Laps in Category : 3 Riders : 11.79 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Time	Time Dif	Av Spd
1	305	Barbara Hope	17:31	18:54	17:13		53:38		13.19
2	304	Jennifer Boldt	21:16	19:30	19:45		1:00:31	6:53	11.69
3	331	Kassandra Archibald-	21:18	19:30	20:10		1:00:58	7:20	11.60



Spoke O'Motion Weekly Race Series



Week #14 : Jul 29, 2009

35 Riders

XC Mini-me : 2 Laps in Category : 1 Riders : 7.86 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Time	Time Dif	Av Spd
1	339	Trent Miller	23:03	22:30			45:33		10.35