



# Spoke O'Motion Weekly Race Series



Week #16 : Aug 12, 2009

45 Riders

**XC Expert** : 4 Laps in Category : 9 Riders : 14.52 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Time	Time Dif	Av Spd
1	5	Paul Cooney	11:04	11:04	11:19	11:25	<b>44:52</b>		19.42
2	6	Jordan Doner	11:06	11:10	11:41	11:33	<b>45:30</b>	0:38	19.15
3	2	Steve Prosser	11:05	11:30	11:40	11:56	<b>46:11</b>	1:19	18.86
4	11	Les Suter	11:16	11:35	11:53	12:12	<b>46:56</b>	2:04	18.56
5	4	Matt Saunders	11:11	12:03	12:15	11:54	<b>47:23</b>	2:31	18.39
6	25	Daniel Hope	11:52	12:48	12:42	11:14	<b>48:36</b>	3:44	17.93
7	16	Jonathon Pecchia	11:51	12:17	12:28	12:01	<b>48:37</b>	3:45	17.92
8	7	Frank Hellingman	12:13	12:19	12:26	12:26	<b>49:24</b>	4:32	17.64
9	40	Myles Cullen	12:58	12:01	12:30	12:40	<b>50:09</b>	5:17	17.37



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## XC Master Sport Men : 3 Laps in Category : 9 Riders : 10.89 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Time	Time Dif	Av Spd
1	201	Dave Knights	13:08	12:56	13:00		39:04		16.73
2	212	David Lembcke	13:37	13:35	13:54		41:06	2:02	15.90
3	217	Kevin Lowe	13:48	14:12	14:25		42:25	3:21	15.40
4	206	Steve Quattrin	14:50	14:30	14:36		43:56	4:52	14.87
5	204	Mike Tindale	14:48	14:49	14:39		44:16	5:12	14.76
6	200	Rick Francis	14:47	15:18	15:22		45:27	6:23	14.38
7	203	Marlin Doner	15:34	15:20	15:27		46:21	7:17	14.10
8	208	Tom Mitchell	15:36	15:23	15:46		46:45	7:41	13.98
9	220	Andrew Liney	16:43	15:56	18:16		50:55	11:51	12.83



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## XC Senior Sport Men : 3 Laps in Category : 4 Riders : 10.89 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Time	Time Dif	Av Spd
1	111	Ryan Kelly	12:33	12:55	13:13		38:41		16.89
2	128	Josh Mead	13:02	13:01	13:33		39:36	0:55	16.50
3	117	Josh Doner	14:54	14:30	13:50		43:14	4:33	15.11
4	114	Chris Graham	14:25	14:46	14:12		43:23	4:42	15.06



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## XC Junior Sport Men : 3 Laps in Category : 6 Riders : 10.89 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Time	Time Dif	Av Spd
1	222	Robbie McCrossan	13:05	13:47	13:42		40:34		16.11
2	219	Travis Suter	13:50	13:39	13:56		41:25	0:51	15.78
3	218	Kyle Ehinger	14:06	14:49	14:29		43:24	2:50	15.06
4	214	Luke Huberty	16:14	15:01	14:22		45:37	5:03	14.32
5	225	Gregory Ivany	15:24	15:19	15:00		45:43	5:09	14.29
6	215	James Chambers	16:09	16:07	16:19		48:35	8:01	13.45



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## XC Novice Men : 2 Laps in Category : 14 Riders : 7.26 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Time	Time Dif	Av Spd
1	333	Michael Lindsay	15:36	15:07			30:43		14.18
2	318	Jaxon Brennan	15:26	15:21			30:47	0:04	14.15
3	321	Mike Ciglic	16:00	15:15			31:15	0:32	13.94
4	328	David Budreau	16:04	15:38			31:42	0:59	13.74
5	351	Mike Goyette	16:33	15:31			32:04	1:21	13.58
6	329	Todd Smith	16:10	16:10			32:20	1:37	13.47
7	312	William Gruber	16:44	16:18			33:02	2:19	13.19
8	326	Rob Gentile	16:55	16:49			33:44	3:01	12.91
9	332	Jason Marlatt	18:33	17:51			36:24	5:41	11.97
10	327	Merv Veal	19:02	18:46			37:48	7:05	11.52
11	320	Steve McCrossan	18:32	19:19			37:51	7:08	11.51
12	341	Steve Kemp	21:22	21:13			42:35	11:52	10.23
13	313	Craig Stevenson	18:07	26:26			44:33	13:50	9.78
14	334	Matthew Stevenson	23:30	22:09			45:39	14:56	9.54



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**XC Novice Women** : 2 Laps in Category : 2 Riders : 7.26 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Time	Time Dif	Av Spd
1	340	Donna Winters	16:46	16:21			33:07		13.15
2	305	Barbara Hope	21:11	20:05			41:16	8:09	10.56



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**XC Mini-me** : 1 Laps in Category : 1 Riders : 3.63 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Time	Time Dif	Av Spd
1	338	Jacob Goyette	25:23				25:23		8.58